

 <p>Connecticut Valley Hospital Nursing Policy and Procedure</p>	<p>SECTION D: PHYSIOLOGICAL ADAPTATION CHAPTER 17: PHYSIOLOGICAL NURSING CARE</p> <p>POLICY & PROCEDURE 17.9: Intermittent (Straight) Urinary Catheter Insertion</p>
<p>Authorization: Nursing Executive Committee</p>	<p>Date Effective: May 1, 2018 Scope: Connecticut Valley Hospital Nurses</p>

PURPOSE: Intermittent catheterization involves periodic insertion of a urinary catheter into the bladder via the urethra in a process called transurethral catheterization or into a urinary reservoir via an artificial conduit or stoma, and removal of the catheter once the bladder is emptied. Intermittent catheterization is distinguished from indwelling catheterization in which the catheter remains within the bladder for continuous urinary drainage.

POLICY: **Connecticut Valley Hospital's Nursing Executive Committee** has reviewed and approved the resources contained in *Nursing Reference Center* relating to Intermittent Urinary Catheter Insertion. Click on the links below to review Nursing Practice and Skills/Skill Competency Checklists. **Note:** any policy information that is specific to Connecticut Valley Hospital will be displayed in the HOSPITAL SPECIFIC SECTION.

HOSPITAL SPECIFIC: Intermittent catheterization is performed by a nurse using aseptic technique. Aseptic technique is used at CVH to minimize the transfer of healthcare-acquired microorganisms into the urinary tract. This process involves systematically cleansing the external urethral orifice and using sterile gloves to insert a sterile, single-use catheter into the urethra and advancing the catheter until the tip extends into the bladder. The desired outcome of inserting an intermittent catheter is to promote bladder drainage for therapeutic or diagnostic purposes.

URINARY CATHETER, INTERMITTENT (STRAIGHT): INSERTION IN THE **MALE** ADULT PATIENT

Reference: CINAHL Nursing Guide, October 23, 2015

URINARY CATHETER, INTERMITTENT (STRAIGHT): INSERTION IN THE **FEMALE** ADULT PATIENT

Reference: CINAHL Nursing Guide, October 23, 2015

Click on link below for the Nursing Practice and Skill:

(male patient)

<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T708014&site=nup-live&scope=site>

(female patient)

<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T708012&site=nup-live&scope=site>

Click on link below for Skill Competency Checklist:

(male patient)

<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T708014&site=nup-live&scope=site>

(female patient)

<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T708013&site=nup-live&scope=site>